

REBECCA STIRITZ, PSY.D.

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REFERRED BY: \_\_\_\_\_ TODAY'S DATE: \_\_\_\_\_

FIRST NAME: \_\_\_\_\_ LAST NAME: \_\_\_\_\_

DATE OF BIRTH: \_\_\_\_\_ SEX: \_\_\_\_\_ MARITAL STATUS: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP CODE: \_\_\_\_\_

HOME#: \_\_\_\_\_ CELL#: \_\_\_\_\_ WORK: \_\_\_\_\_

EMAIL ADDRESS: \_\_\_\_\_

EMERGENCY CONTACT: \_\_\_\_\_ PHONE: \_\_\_\_\_

OCCUPATION: \_\_\_\_\_

PLACE OF EMPLOYMENT: \_\_\_\_\_

OTHERS IN HOUSEHOLD: (CHILDREN, PARENTS, ETC.)

NAME: FIRST AND LAST RELATIONSHIP DOB AGE/OCCUPATION

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

CREDIT CARD USED FOR PAYMENTS: MC VISA AMEX CHECK CASH

# \_\_\_\_\_

EXPIRATION DATE: \_\_\_\_\_ SECURITY CODE: \_\_\_\_\_

NAME OF PRIMARY CARE PHYSICIAN: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ PHONE NO: \_\_\_\_\_

NAME OF THERAPIST/PSYCHIATRIST: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ PHONE NO: \_\_\_\_\_

FAMILY HISTORY:

YES NO Has anyone in your family (blood relative) suffered emotional problems, anxiety, depression, bipolar illness, schizophrenia, panic disorder, phobias, eating disorders, or other stress related conditions?  
If yes, please list the family member(s) and describe the problem.

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YES NO Has anyone in your family (blood relative) had problems with alcohol, drugs, or prescription medications? If yes, please list the family member(s) and describe the problem.

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YES NO Do any medical problems run in your family? If yes, list briefly and describe these problems.

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YES NO Has anyone in your family ever attempted or committed suicide? If yes, please list the family member(s) and describe the incident(s).

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**FATHER:**

How old is your father? \_\_\_\_\_ If he is deceased, when did he die? \_\_\_\_\_

What was the cause of his death? \_\_\_\_\_ How much education did he have? \_\_\_\_\_

What type of work did he do? \_\_\_\_\_ How many times was he married? \_\_\_\_\_

Describe your father's personality and the type of relationship you had growing up: \_\_\_\_\_

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**MOTHER:**

How old is your mother? \_\_\_\_\_ If she is deceased, when did she die? \_\_\_\_\_

What was the cause of her death? \_\_\_\_\_ How much education did she have? \_\_\_\_\_

What type of work did she do? \_\_\_\_\_ How many times was she married? \_\_\_\_\_

Describe your mother's personality and the type of relationship you had growing up: \_\_\_\_\_

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**SIBLINGS:**

How many brothers do you have?\_\_\_\_\_Sisters?\_\_\_\_\_

Please list their names/ages/occupations/marital status:\_\_\_\_\_

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**PERSONAL HISTORY:**

DOB:\_\_\_\_\_PLACE OF BIRTH:\_\_\_\_\_

Please list in order all the cities and states in which you have lived and include number of years (and age) you resided in each city:\_\_\_\_\_

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YES NO Did you suffer from any traumatic experiences as a child? If yes, please describe these:\_\_\_\_\_

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YES NO Did you have any juvenile behavioral problems? Please check any problems that you have experienced.

\_\_\_Running Away \_\_\_Truancy \_\_\_Fire Setting \_\_\_Fighting \_\_\_Shoplifting

\_\_\_Juvenile Court Involvement \_\_\_Lying \_\_\_Cruelty to Animals

\_\_\_Drug or Alcohol Problems

**EDUCATION:**

Name of school and highest grade that you completed 1st through 12th grades:\_\_\_\_\_

Name of college and highest year of college completed:\_\_\_\_\_

Name of graduate school and highest year of training completed:\_\_\_\_\_

**SOCIAL HISTORY:**

Please circle your sexual preference: Heterosexual Homosexual Bisexual

How many serious relationships have you had and for how long?\_\_\_\_\_

YES NO Were you ever abused? If so, how?: Physically Sexually Emotionally

Marital Status: Single Married Widowed Separated Divorced

How many times have you been married?\_\_\_\_\_

Please list the name/age of your significant other/spouse:\_\_\_\_\_

How much education does this individual have? \_\_\_\_\_ What type of work do they do? \_\_\_\_\_

YES NO Is this relationship going well? \_\_\_\_\_

YES NO Are there any problems? \_\_\_\_\_

YES NO Do you have any children? If yes, please list their names and ages: \_\_\_\_\_

YES NO Are you having any problems with your children? If yes, please specify which children and describe below: \_\_\_\_\_

**OCCUPATIONAL HISTORY:**

Please list your jobs, starting with the first job and going through to your most recent job. Also, please list next to each job how many years you were employed in that position.

Year(s) Company Name/Place of Employment

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**SUBSTANCE USE HISTORY:**

YES NO Do you smoke or have you smoked cigarettes? If yes, how much? Have you quit? \_\_\_\_\_

YES NO Do you drink or have you drank alcohol? If yes, how much? Have you quit? \_\_\_\_\_

YES NO Do you use drugs or have you used drugs? Have you quit? \_\_\_\_\_

YES NO Have you ever been involved in a substance abuse, alcohol treatment or detoxification program? If yes, please describe when and where.

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**MEDICAL HISTORY:**

Please list any medical problems that you have and when these conditions were diagnosed.

Date Diagnosed Medical Problem

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Please list all operations that you have had including any operations that you may have had as a child.

Year/Age Operation

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YES NO Have you ever had a head injury in which you were knocked unconscious?

Year/Age Time Unconscious Injury

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Please list all your present medications:

Medication Amount How often? How long taking it? Prescribing Doctor

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**PSYCHIATRIC HISTORY:**

YES NO Have you ever received any psychiatric, psychological, emotional treatment/counseling or hospitalization in the past?

Year(s)/Age Treatment Provider (Dr./Place) Frequency Hospitalization

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YES NO Have you ever been prescribed psychiatric medications?

Year(s)/Age Medication How often?

